



READY. SET. GAMES.



The **Louisville Sports Commission Corporate Games IV** is a community-wide event that brings together employees from Louisville-area businesses for a day of friendly competition and employee camaraderie. The Corporate Games deliver a positive environment that encourages employee health and fitness, builds a sense of company spirit, and fosters teamwork and fun through participation. Think of it as a field day for your company. Please note, that due to COVID-19, the number of participating teams will be limited to 40. Click [HERE](#) for more information regarding our COVID-19 safety protocols.

GENERAL INFORMATION

DATE: Saturday, Sept. 26, 2020
TIME: 8 a.m. to 1 p.m.
LOCATION: E.P. "Tom" Sawyer State Park
 3000 Freys Hill Road
 Louisville, Ky. 40241

CONTACT US: If you're interested in [participating](#) in the Corporate Games, contact Stephanie Burdorf at sburdorf@louisvillesports.org / 502-736-3498. For companies interested in receiving recognition through [sponsorships](#), contact Julie Howell at jhowell@louisvillesports.org / 502-587-6742. For additional information, go to louisvillecorporategames.com.

FIELDING YOUR TEAM

Companies compete within one of four divisions based on total number of employees (full-time and part-time) in the Louisville MSA. Spouses and significant others are welcome to participate. The Corporate Games are designed so that companies can be competitive with as few as 15 participants, or with as many as 100 participants to share in the fun. Companies are encouraged to designate a team captain to work with employees and Sports Commission staff. We provide detailed information, a contact person to field questions and personal assistance with tips on how to field a team.

HOW TO WIN

There are 12 different competitions, divided into Bracketed and Competitive events. (A full set of competition rules and scoring charts is available on the website.) Some events produce points through accuracy and participation; other events match up company teams in bracketed play and reward the top finishers. Additional points are awarded to teams that participant in the Good Sport Activities. And for those who want more action or to get moving in a non-competitive environment, try your skills at the pro football combine simulator.

BRACKETED	COMPETITIVE	GOOD SPORTS
3-Point Shooting Contest	Basketball Shootout	Caesars Southern Indiana Wellness Walk
WAVE 3 News Dodge Ball	Cornhole Toss	Food Drive
Republic Bank Tug-of-War	Football Throw	Playing it Forward
Team Lawn Pong	Frisbee Toss	Team in Action Photo Contest
	Golf Chip Challenge	Trilogy Health Services Team Tent Contest
	Lacrosse Shot	Team T-Shirt Contest
	Soccer Kick	
	Water Balloon Toss	

COMPANY SIZE DETERMINES ENTRY FEE

Companies will compete within one of four divisions based upon total Louisville-area employment (full and part-time employees). Each company's team roster can include as few as 10 participants or up to 100 participants.

Division 1 (1,001+ employees)	\$3,000	Division 3 (101-300 employees)	\$2,000
Division 2 (301-1,000 employees)	\$2,500	Division 4 (up to 100 employees)	\$1,500

BRACKETED EVENTS

Bracketed events are scheduled tournaments meant to build team spirit and test the competitive athletes in your company. These are point-scoring events that help determine the team standings.

2-5
Participants

3-Point Shooting Contest

Teams have 90 seconds to shoot 25 total shots, five shots from each of five pre-determined locations. Teams must have a minimum of two shooters with a maximum of five, and at least one shooter must be female. The top 50% of the teams in total score advance to the next round. There will be five total rounds.

6-10
Participants

WAVE 3 News Dodge Ball Tournament

Single-elimination dodge ball tournament. Each round is best of three games. Each game begins with no more than six players and no less than three competing on a side; other players are available as substitutes. Each team must start with two male and two participants on the court. Teams can carry extra players to substitute.

6-10
Participants

Republic Bank Tug-of-War

Single-elimination, team tug-of-war tournament where six players tug at one time with a regulation rope. Winning team is determined when the rope is pulled past the designated line. The lineup must alternate male and female participants. No spikes allowed. Teams can carry extra players to substitute.

4-6
Participants

Team Lawn Pong

Participants try to land basketballs into 6 large buckets at a distance of 25 feet. Teams go head-to-head in a single elimination tournament, each match is best of three games with a two-minute time limit on each game. The first team to eliminate all its buckets wins the game; if no team eliminates all buckets, the team with the most points at the end of two minutes wins the game. Each team must field at least four players and no more than six players with at least two female players.

COMPETITIVE EVENTS

Competitive events are designed to foster a spirit of teamwork. Participants of most any skill level and physical conditioning can participate. These are point-scoring events that help determine the team standings.

4
Participants

Basketball Shootout

Participants have 60 seconds to score as many points as possible shooting from pre-marked spots of different point values. Rebounders feed the ball back to the shooters. Teams are allowed two shooters and two rebounders. Shooters must alternate shots. Points are added for the team score.

3 or 6
Participants

Cornhole Toss

Participants have three minutes to score as many points as possible tossing bean bags full of corn onto cornhole boards. Everyone on the team gets to throw as long as time allows and the points are added up for the team score. If team of three, must have at least one female participant; if team of six, must have at least two female participants.



4
Participants

Football Throw

Each participant on the team will have five throws to score as many points possible throwing footballs at targets from various distances. A participant may throw the football at any of the targets. Points are added for the team score.

4
Participants

Frisbee Toss

Teams will have two minutes to throw and catch as many Frisbees as they can – back and forth – from a distance of 10 yards. Teams are comprised of two tossers and two catchers. Successful catches placed in the basket are added for the team score.

3
Participants

Golf Chip Challenge

Each participant will get five shots from 15 yards to hit a golf ball into a chipping basket with three interior nets of varying sizes. Points will be determined based on where the golf ball lands - in the basket or in one of two concentric circles surrounding the basket. Points are combined for the team score.

3
Participants

Lacrosse Shot

Each participant will have one minute to take a total of eight unguarded shots from four predetermined locations to score as many points as possible. Points are combined for the team score.

4
Participants

Soccer Kick

Each participant will kick five soccer balls unguarded from 12 yards away at a regulation-sized goal. Points will be determined by the shot difficulty and are added for a team score.

5
Participants

Water Balloon Toss

Team members are placed in a single line spaced 10 feet apart. Participants will have 60 seconds to pass 10 water balloons down the line to place in a bucket. The balloons are then passed back up the line; a point is scored for every intact balloon placed back in a bucket.

It is recommended that participants arrive at 8 a.m. so they have time to meet up with their team members when we kick off the Corporate Games at 8:30 a.m. with the **Caesars Southern Indiana Wellness Walk**. This event is open to all participants. It is a one-mile, non-timed walk that takes place on the E.P. "Tom" Sawyer State Park cross country course. This year, we will ask all companies to socially distance from other companies as they await the start of the walk. Companies are awarded five bonus points for every participant with a maximum of 50 points.

NOTE: All events are co-ed and must have at least one male and one female participant, unless otherwise noted above. Please see Team Recruitment Form for specific male/female requirements for each event.

GOOD SPORTS ACTIVITIES – Optional

These events are meant to build team spirit and in some instances, provide good works for those less fortunate in our community. Your company also can earn bonus points toward the team standings.

Food Drive

Help us gather food to donate to Dare to Care by collecting non-perishable food items. Please do not bring food items to the event site; someone from the LSC team will come to your place of business in the week following the Corporate Games to collect your food items. Companies that participate in the food drive earn 25 bonus points to increase their overall team score. Just take a photo of what you've collected and show it to the volunteer at team check-in.

Playing it Forward

Donate sporting equipment your family has outgrown. This equipment will be distributed to kids in low- and moderate-income areas of Louisville. Please do not bring the equipment to the event site; someone from the LSC team will come to your place of business in the week following the Corporate Games to collect these items. You can help change the lives of young people and earn 25 bonus points for your team. Just take a photo of what you've collected and show it to the volunteer at team check-in.

Team in Action Photo Contest

During the course of competition, photos taken of your team members in action can mean bonus points added to team scores. Photos must be shared publicly and include the hashtag #SportsinLou **and** tag the Louisville Sports Commission Instagram or Twitter account (@SportsinLou). Earn 5 points per post with a maximum of 25 bonus points per team.

Trilogy Health Services Team Tent Contest

Team members are encouraged to show off their company pride and creatively decorate their team tent area. Teams may bring pre-packaged food and beverages. Judges determine winner; points awarded as follows: 1st place = 25 points; 2nd place = 15 points; and 3rd place = 10 points. In 2020, teams are encouraged to design their tent area using a patriotic theme.

Team T-shirt Contest

Design a t-shirt that shows your team spirit and includes your company's name to wear during competition. Judges determine winner; points awarded as follows: 1st place = 25 points; 2nd place = 15 points; and 3rd place = 10 points. In 2020, teams are encouraged to design their t-shirts using a patriotic theme.

PRO FOOTBALL COMBINE SIMULATOR

Using most of the skills measured by the professional football scouts and evaluators, measure yourself against the top college football players who train for years to get a chance to play at the next level. This event is continuous and is come and go as you like. While not an official scoring event, the top four male and female participants in the Sled Push/Pull, Shuttle Run and Muscular Strength and Endurance events will come together at the end of the day in a battle for winner-take-all bragging rights. All competitors welcome!

- Vertical Jump. The vertical jump is all about lower-body explosion and power. The athlete stands flat-footed and leaps toward the sky for the vertical jump measurement.
- Standing Broad Jump. This activity tests an athlete's lower-body explosion and lower-body strength. The athlete begins with a balanced stance and then jumps ahead as far as possible from a standing start.
- 20-Yard Sled Push & Pull. While sled pushes may be among the most dreaded exercises in training facilities, they can really get your heart rate up and challenge your mental fortitude. Participants will be timed by hand on stopwatches.
- Shuttle Run. This classic drill tests the athlete's lateral quickness and explosion in short distances of five to 10 yards. Be prepared to stay low and move your feet. Participants will be timed by hand on stopwatches.
- Muscular Strength and Endurance. This test of strength and endurance is where you will have 60 seconds to see how many push-ups you can complete.
- Functional Movement Screening and Body Composition. Injury prevention is paramount, so this mobility screening will make sure that you are not at-risk, while attempting to take on Pro Football's best.



Endorsed by the
Louisville Health Advisory Board



A Louisville Active Initiative